Monday at 9:00 AM Scheman 230 Tuesday at 10:00 AM Scheman 230

"Mind Over Matter"

Past Oregon FFA State Officers
In this workshop, students will learn how to over come obstacles and apply that to even their most ambitious goals. By using activities and discussion, students will be inspired to reevaluate what goals are achievable.

Monday at 9:00 AM Scheman 240 Tuesday at 10:00 AM Scheman 220

"FFA Quiz Bowl"
Iowa PAS Officers

How about challenging five members of another FFA Chapter on your knowledge of FFA and Agriculture? We guarantee you will have fun doing your best to get more points than they do. See you at the Quiz Bowl Competition!

Monday at 10:00 AM Scheman 230 Tuesday at 11:00 AM Scheman 220

"How to Deal with Ag Haters"

Past Michigan FFA State Officers
Many times we face conversations that not everyone's opinions are the same. How do you handle that...run away, scream, or cry? In this workshop we will discuss five skills and learn how we can apply them, when put into these conversation situations."

Monday at 10:00 AM Scheman 240 Tuesday at 9:00 AM Scheman 220

"Seize it"

Kansas FFA State Officers Elizabeth Meyer and Grace Lubecke

Students will learn the importance of taking advantage of the small opportunities offered through FFA. This workshop features meaningful conversations as well as active competitions. FFA members should expect to leave with an even deeper commitment to the FFA on all levels.



in their own communities.

Monday at 11:00 AM Scheman 230

"Reach for the STARS"

Charles Jennissen, M.D. Gerene Denning, M.D.

Did you know there are more all-terrain vehicles (ATVs) in Iowa than tractors? Studies show that over three-quarters of Iowans 11-16 years of age have been on an ATV, and nearly 60% of those riders have been in an ATV crash. In this workshop, FFA members will learn about the STARs (Safety Tips for ATV Riders) program and how they

Monday at 11:00 AM Scheman 240 Tuesday at 11:00 AM Scheman 240

might use it to teach ATV safety to young people

"FFA: What's in it for me?"

Mackenzie Clark and Taylor Curtis Past Tennessee FFA State Officers

This workshop is geared toward newer members who are wondering what value can be added to their lives through participation in FFA. We will be working through some of the great life skills to be gained through FFA, such as making connections, building a foundation for the future, and developing our own personal leadership skills.

Monday at 12:00 PM Scheman 240 Tuesday at 10:00 AM Scheman 240

"First Impressions Easy as ABC 1, 2, 3"
Ohio State Officers

Kameron Rinehart and Ryan C. Matthews Within this workshop, members will learn how to TRANSFORM their involvement into inspiration for their fellow members and chapters to get involved as well! It only takes one person to start a chain reaction, let that one person be you!





Monday at 1:00 PM Scheman 220 "First Impressions"

Maryland FFA Officers

Students will understand the importance of appearance, non-verbal cues, handshakes, and a good introduction have in making an impactful first impression and representing FFA and themselves positively.

Monday at 1:00 PM Scheman 230/240 Tuesday at 9:00 AM Scheman 230/240 "Masters of Self-Confidence"

> National FFA Officer Trey Elizondo

In this workshop members will take a journey to discover the importance of the person inside the blue and gold FFA jacket, how our qualities make us unique, and how together we all make up this great organization.

Monday at 2:00 PM Scheman 220 Tuesday at 8:00 AM Scheman 220

"Food Insecurity in the US"

Past Nebraska FFA State Officers
Cheyenne Gerlach and Manuel Acosta
Explores the real life statistics county by county, then also allows students to create meal plans and find ways to combat food insecurity in rural America





Monday at 2:00 PM Scheman 230 Tuesday at 8:00 AM Scheman 230

"Transform your Dream into an Adventure"
ISU College of Agriculture and Life Sciences
Ambassadors

Join Iowa State's best in an interactive workshop addressing the trifecta of campus life, student organizations, and academic success at Iowa State University. FFA members will have the opportunity to participate and win prizes while networking with other FFA members and students from the College of Agriculture and Life Sciences.

Tuesday at 11:00 AM Scheman 230 Breaking Through

West Virginia State President Andrew Hauser Mississippi State President Brice Fortinberry Students will explore a world that is full of stereotypes and incorrect assumptions. We will learn to identify and break negative stereotypes as well as create a more positive perception of FFA.

Tuesday at 12:00 PM Scheman 220, 230, 240 Middle School Workshops

Colorado State Officers
PRE-REGISTRATION REQUIRED FOR MS WORKSHOPS





